

The New Mexico Dental Hygienists' Association  
Super CE Saturday  
March 14, 2026

**8:00 am - 8:30 am Check-in; Coffee and Breakfast Snacks**

**8:30 am – 9:45 am**

**Infection Control: Evidence-Based Standards for Safe Patient Care 1 CEU**

Jaimie Meihaus, MS, RDH, OMT



This course focuses on current infection control practices in the dental setting. Participants will review CDC and OSHA guidelines, common pathogens of concern, and best practices for hand hygiene, personal protective equipment (PPE), instrument processing, operatory disinfection, and aerosol management. Emphasis is placed on practical, evidence-based protocols that support patient and provider safety, regulatory compliance, and quality assurance. Upon completion, dental hygienists will be better equipped to evaluate their office infection control procedures and implement improvements consistent with current standards of care.

**Jaimie Meihaus** is a dental hygienist and orofacial myofunctional therapist with over a decade of clinical experience. She earned her degree in dental hygiene from Doña Ana Community College in 2014 and her master's in dental hygiene at the University of New Mexico. Jaimie is a past NMDHA President, a practicing hygienist and experienced educator. Jaimie has a passion for teaching others, especially anything related to the profession of dental hygiene.

**9:45 am – 10:00 am Break**

**10:00 am – 11:45 am**

**Why Little Mouths Matter: Early Detection on Form and Function in Pediatric Patients**

Billie Adams, DDS



Learn to recognize healthy oral function and growth patterns vs. signs of delayed growth and oral dysfunction.

Dr. Adams will discuss critical milestones of growth, functions of oral rest postures, swallow patterns, oral anatomy and speech, and how it all ties into healthy airways.

Recognize when risk factors and symptoms of dysfunction are concerning and warrant intervention and how to support families through the journey.

**Dr. Billie Adams**, a graduate of Creighton University School of Dentistry, currently practices general dentistry in her private practice in Albuquerque. Her practice focus is comprehensive dental care, with an emphasis on function. Dr. Adams' journey in dental sleep medicine first began with adults and oral appliance therapy, which led her to focus on early intervention and pediatric sleep disordered breathing and pediatric obstructive sleep apnea. She has worked diligently to establish a multidisciplinary team, including sleep physicians, ENTs, surgeons, and therapists, to support this mission and optimize patient care. Dr. Adams is a member of ASAP (Airway, Sleep, And Pediatric Pathway), World Dentofacial Sleep Society, The American Academy of Sleep Medicine, Academy of Laser Dentistry, and a graduate of the Tufts University Pediatric Dental Sleep Medicine Mini-Residency.

### 12:00 – 1:00 PM Lunch. General Membership Meeting and Current Issues

#### Lunch/NMDHA General Membership Meeting, Bylaw amendments and Current Issues .5 CEU

Lindsey Lee, RDH, MS, LPN, President, NMDHA

Update on the Oral Preventive Assistant; NM legislation affecting dental hygiene practice; and the new rules adopted by the Dental Hygienists' Committee/Board of Dental Health Care affecting dental hygiene practitioners.

### 1:15 pm – 2:30 pm

#### The Profitable Hygienist 1.5 CEU

Jazmine Chavez, RDH



Jazmine is deeply passionate about helping students and fellow hygienists understand their value, build confidence in their skills, and see hygiene as both a powerful clinical role and a profitable driver within the dental practice. Through mentorship, real-world insight, and practical tools, she empowers the next generation of hygienists to grow, lead, and create sustainable, fulfilling careers.

**Jazmine Chavez** is a registered dental hygienist, entrepreneur, and educator with over 15 years of experience in dentistry. She is the owner and founder of Pearl House Dental Hygiene Studio and Pearl Genius Dental Consulting, where she focuses on elevating hygienists through education, strategy, and systems that blend clinical excellence with profitability.

**save  
the  
Date!**

**Scientific Session**  
**October 23-24, 2026**

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DENTAL HYGIENISTS'  
ASSOCIATION

